Tuesday, June 17, 2014

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'The subway debate is over' — afraid not

Four top mayoral hopefuls spar over Scarborough transit, find no consensus despite Stintz's opinion that it should be settled PAGE 3

Well we found your stuff ... and 'the stuff'

Metro reporter has all of her belongings seized when police find nearly $9M in drugs in her moving truck PAGE 9

Self-driving cars? Sure. But why robot hitchhikers?

Cross-Canada trek meant to answer whether robots can trust humans PAGE 6

LET NOT A PIPELINE DIVIDE US

DURING TORONTO VISIT, HILLARY CLINTON SAYS KEYSTONE XL MUST NOT COME TO DEFINE THE CANADA-U.S.A. RELATIONSHIP PAGE 9

NEWS WORTH SHARING.

BRADLEY SOARS FOR U.S.

Toronto FC star Michael Bradley with team U.S.A. battles Ghana's Andre Ayew in World Cup action on Monday in Natal, Brazil. The U.S. beat their arch rivals 2-1. Story, page 20. JAMIE MCDONALD/GETTY IMAGES

Wynne wordless on missing court complaints

Where's the beefs?
Results of complaints against justices of the peace long overdue

Premier Kathleen Wynne and her government remain silent on the secrecy shrouding complaints against justices of the peace in Ontario.

Neither Wynne nor Attorney General Madeleine Meilleur responded to revelations that the province is dragging its heels in making public annual reports on the disciplinary process.

The most recent publicly available information about complaints is from 2011. Before an inquiry last week about the delay, the newest data was from 2010.

The findings have renewed calls for action from the legal community, which has long pressed for reform of the justices of the peace system.

Ian Greene, an expert in judicial administration at York University, said the lag "creates a lack of trust" and "demonstrates a lack of integrity by the leadership."

Toronto criminal lawyer Daniel Brown expressed similar concerns.

"It is important for the public to see that (justice of the peace) complaints are being addressed in a timely manner," he said. "Waiting three or four years to see the results ... is unacceptable and does nothing to foster confidence in our justice system."

Despite the vital role Ontario's 345 justices of the peace play in our courts, where they hear traffic charges, preside over bail hearings and issue search warrants, no legal education or experience is required, which some experts say is a significant problem. TORSTAR NEWS SERVICE

Process

Ontario law requires the Justices of the Peace Review Council to submit summaries of all complaints to the attorney general. The annual report is tabled by the attorney general and made public online.

- Crawley said Friday the 2012 and 2013 annual reports "are expected to be tabled in the upcoming months."

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Summer initiative

Activists want end to police sweeps

Toronto police view the area from Wellesley south to Queen, and from Church east to Parliament, as one of the city's most violent.

Zoe Dodd, Ontario Coalition Against Poverty volunteer.
TORSTAR NEWS SERVICE

Community workers look at the neighbourhood in 51 Division and see marginalized people who need housing and help.

Those divergent views may clash as close to 30 officers with the Toronto Anti-Violence Intervention Strategy started sweeping through the area Monday as part of a summer initiative that will last until Sept. 8.

"We think this neighbourhood has a lack of resources, including housing, and these are the issues this community faces. Arresting people isn't going to solve these socio-economic issues," said Zoe Dodd, a community worker and volunteer with the Ontario Coalition Against Poverty.

At a press conference Monday, the group was one of many to say the additional police presence wasn't welcome and asked for it to end.

Police said the area was targeted because an analysis of crime rates over the years and incidents per square kilometre showed the neighbourhood had one of the highest numbers of shootings, robberies and violent calls for service.

TORSTAR NEWS SERVICE

Candidates split on Scarborough subway

TORONTO VOTES 2014

Debate. Stintz and Tory want underground transit, while Chow and Soknacki tout virtues of cheaper LRT

Four main candidates for mayor of Toronto are split on whether to build a subway to replace the aging surface rapid transit line in Scarborough.

The provincial and federal governments have agreed to help fund a subway — a $3.5-billion project championed by Mayor Rob Ford — and that deal should remain in place, say John Tory and Karen Stintz.

"I think the worst thing we could do is reopen that debate both at the city level and with the other governments who agreed to pay for it," Tory said during a debate on transit and transportation Monday.

Ford, still in a rehabilitation facility to deal with substance-abuse issues, wasn't present. He's expected to return in two weeks.

Olivia Chow and David Soknacki want to scrap the subway plan and go back to the original vision of an LRT, which they point out is cheaper, offers more stops and is the choice of transit experts.

"The experts need to be heard and followed," Chow said during the debate at a downtown hotel. "An above-ground train service is what we should do in Scarborough."

Chow added the subway project would require Toronto property-tax payers to chip in up to $1 billion. If elected mayor on Oct. 27, Chow said she wouldn't do it.

"I'm not going to put in $1 billion of taxpayer dollars," she said. "I can't justify wasting $1 billion of property taxpayers' money."

Stintz interpreted Kathleen Wynne's provincial election victory last week as a win for the subway project.

She said the debate should turn to how best to relieve pressure on the Yonge subway and how to pay for it.

TORSTAR NEWS SERVICE

Quoted

With the majority government that has been elected and the overwhelming support the Liberals got in Scarborough ... the subway debate is over."

Mayoral candidate Karen Stintz

Refugee cuts still rankle

Health professionals in Toronto marked Tuesday's third anniversary of the federal refugee health cuts by sending Ottawa a unanimous message: We are not going away. The rally in front of the Immigration and Refugee Board headquarters on Victoria Street was one of 17 demonstrations held across Canada to condemn the cuts introduced by the Conservative government in June 2012. During the hour-long rally, speaker after speaker talked about the ethical dilemma front-line health service providers face in enforcing a discriminatory system that pits refugees against one another, based on country of origin and asylum status.

NICHOLAS KEUNG/TORSTAR NEWS SERVICE

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Ugandan gay activists finally granted visas

Attending World Pride. Canadian officials had rejected visas over concerns they'd stay to seek asylum

Canadian officials have reversed an earlier decision and granted visitors' visas to some of the Ugandan gay activists who had been denied a chance to attend the World Pride Human Rights Conference in Toronto.

Half of the 10 Ugandan activists received visas in the past week, and conference organizers hope the rest will get their travel documents in time for the two-day international conference, which begins next Wednesday.

"We're pleased that Ugandan delegates will be joining LGBTQ thinkers and activists from around the world for the World Pride Human Rights Conference," said conference co-chair Brenda Cossman, director of the University of Toronto's Bonham Centre for Sexual Diversity Studies.

"The conference is an important part of World Pride, and the Ugandan voices are an integral part to that dialogue."

The rejection drew public outrage because of Uganda's recently passed anti-gay legislation, which is among the harshest in the world. Canada has joined many other countries in condemning the new law. TORSTAR NEWS SERVICE

Decision reversed

The delegates were denied entry for a variety of reasons: lack of travel history, family ties in Canada and in Uganda, and insufficient funds for the trip (though the conference is sponsoring travel for some of them).

- Cossman said conference organizers and community members worked hard with Ottawa to address those concerns and helped the delegates re-submit their applications.

Scan the photo with your Metro News app to watch video of the auditions.

Taking a crack at the big man: Ford musical auditions bring out red ties and Rehab

Geoff Stone does his impression of Mayor Rob Ford at the Rob Ford The Musical: The Birth of a Ford Nation auditions, held at Second City Training Centre in Toronto on Monday. Dressed in suits with red ties and armed with monologues about smoking crack and songs including Amy Winehouse's Rehab, hopeful stars put on their best impersonations of the embattled mayor at the open casting call for the upcoming show.

NICHOLAS KEUNG/TORSTAR NEWS SERVICE

Hudak's plan to cut jobs a surprise: Tory MPPs

Tim Hudak insists he's staying on until a new leader is chosen after a caucus meeting with MPPs to conduct a post-mortem on the party's election rout Monday. ROB FERGUSON/TORSTAR NEWS SERVICE

Tim Hudak insisted Monday he would stay on as the head of the Progressive Conservatives until the party elected a new leader, despite calls for him to step down immediately following a humiliating defeat in last week's election.

Several Tory members of the legislature said Hudak's campaign pledge to cut 100,000 public-sector jobs cost the party nine seats and allowed Premier Kathleen Wynne to be re-elected with a majority government.

They claimed Hudak made the pledge public without running it first by the caucus or the candidates, and said it was time for him to go and an interim leader should take over until the party could hold a leadership convention.

However, party sources said there was no mechanism for the caucus members to force Hudak out at this point, unless he decided on his own to step aside.

"The party will decide the process around a new leader," Hudak said as he emerged from a three-hour caucus meeting at the legislature.

Hudak refused to answer any questions on what he felt went wrong with his campaign, and said he would stick with the plan he announced when he conceded the election last Thursday.

Some of the Conservatives who survived the Liberal sweep said before the caucus meeting Monday that an interim leader should be appointed right away.

"This was an anti-Tim Hudak election," said Prince Edward-Hastings MPP Todd Smith. "We need renewal in our party and it has to start today."

Other Tories, who spoke on condition of anonymity, said they were furious about being caught off guard by the jobs-cut promise and said Hudak should step aside now and allow someone else to do the lead questions in the legislature and react to the Liberal's upcoming throne speech and budget.

THE CANADIAN PRESS

Chilly reception

Prince Edward-Hastings MPP Todd Smith said candidates knocking on doors looking for support were met with angry voters who did not approve of Hudak's plan to cut jobs.

Damages pegged at $200K

House fire began with flaming gas canister set on front steps: Police

A two-alarm house fire in North York Sunday morning appears to have been caused by a burning gas canister left on the home's front steps, according to Toronto police.

The fire broke out just after 7 a.m. near Sheppard and Yonge. The resident of the home, a woman, was first woken early in the morning by her dogs, who had begun barking; she opened her front door to find a one-gallon gas canister ablaze on her front step, according to police.

She did not call police but instead extinguished the fire, brought the tank into her home and went back to bed. Around 7 a.m., she was awakened a second time — and this time the house was on fire, police said.

The house's resident had escaped into her backyard by the time fire crews arrived on scene, and no one was hurt. TORSTAR NEWS SERVICE

Mississauga

Parrish seeks return to council

Longtime Mississauga politician Carolyn Parrish will try to regain a seat on council after Mayor Hazel McCallion orchestrated her defeat four years ago.

"I think there's been a lot of improvements," Parrish said Monday, referring to the accountability she fought for at city hall while leading the push for a judicial inquiry into McCallion's behind-the-scenes lobbying for a $1.6-billion development deal involving her son's company.

Carolyn Parrish TORSTAR NEWS SERVICE

Parrish registered as a Ward 5 candidate Monday afternoon, vying to replace current Coun. Bonnie Crombie, who announced her bid for McCallion's job after the 93-year-old mayor made it clear she will be stepping down.

TORSTAR NEWS SERVICE

Election campaign

Wynne's sexuality a 'non-issue'

Kathleen Wynne's sexual orientation wasn't on voters' minds during the election campaign that saw her crowned Ontario's first openly gay premier, a shift some observers and LGBT advocates attribute to the premier's own attitude as well as the public's.

What just a few years ago might have fuelled attack ads and whisper campaigns turned out to be a complete "non-issue" in the lead-up to Thursday's vote, said Graham White, a political science professor at the University of Toronto.

"It really is kind of a remarkable turnaround from 10 to 15 years ago," said White, who lives in Wynne's east-Toronto riding.

"I'd like to think the Ontario population is becoming more tolerant — certainly they're becoming more familiar with public figures, not just politicians, who are out," he said.

THE CANADIAN PRESS

Mammoliti calls Parkdale a 'pedophile district'

Councillors spar. Gord Perks angered by tirade about all-ages events

Coun. Giorgio Mammoliti, known for his intentionally outrageous statements, suggested Monday that Coun. Gord Perks is aiding pedophiles — and called Parkdale, which Perks represents, a "pedophile district."

Mammoliti's words were bewildering even to another outspoken right-winger, Coun. Doug Ford, who said Mammoliti has "lost his mind." Perks said Parkdale is "a model for how the rest of Toronto should be."

"In this job, sometimes people make personal attacks," Perks said. "That's water off my back. What really bothers me, though, is that probably one of the very best places to live anywhere in the world, and that's Parkdale, got attacked. That I won't tolerate."

Mammoliti made the comments in a news release on the subject of all-ages electronic dance music parties at Exhibition Place. Mammoliti persuaded the Ex's board to ban the events in April, but Perks helped convince city council to reverse the ban in May.

Perks argued that pushing the gatherings off of city property would have only made participants less safe. Mammoliti suggested that Perks has a darker motive.

"The question needs to be posed to ... Coun. Gord Perks ... why are you advocating for children and adults to be partying together right next door to your ward which has one of the largest concentrations of registered sex offenders in the city?... With all-ages parties being held next to a pedophile district we are ... encouraging ... abuse of our children."

TORSTAR NEWS SERVICE

Giorgio Mammoliti, left, says Parkdale, represented by Coun. Gord Perks, right, is aiding pedophiles. TORSTAR NEWS SERVICE

'Lost his mind'?

Data obtained by Global News shows that low-income Parkdale is home to a relatively high percentage of sex offenders — but still fewer than 100 out of tens of thousands of residents.

- Mammoliti hasn't presented any evidence that these offenders have targeted electronic dance music events.

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Weed corporations might be blowing smoke: Watchdog

A bag of marijuana available in a vending machine in B.C.
DON MACKINNON/GETTY IMAGES FILE

Canada's securities watchdogs are warning investors to be wary of publicly traded companies with ambitions to grow and sell medical marijuana.

Investors may be at risk if they buy into small or previously inactive stocks seeking to enter the business after Canada created new rules for the market on April 1, Canadian Securities Administrators (CSA) said Monday in a statement.

"In many of these cases, just the announcement of intent to develop a medical marijuana business has resulted in an immediate rise in a company's stock price," the CSA said in the statement.

"Investors should be aware that companies cannot legally conduct a medical marijuana business without a licence from Health Canada, and that there is likely significant time and cost required to obtain such a licence," said the CSA.

Canada's warning follows investor alerts about marijuana-related stocks from the U.S. Securities and Exchange Commission (SEC) and the U.S. Financial Industry Regulatory Authority (FINRA).

"With medical marijuana legal in almost 20 states, and recreational use of the drug recently legalized in two states, the cannabis business has been getting a lot of attention — including the attention of scammers," FINRA said on its website.

Investors should be wary of "pump-and-dump" ploys in which investors are lured by aggressive and potentially false statements designed to create unwarranted demand for small companies, FINRA said.

The SEC said in a May 16 statement it temporarily suspended trading in five marijuana-related stocks in the U.S.

TORSTAR NEWS SERVICE

Growing industry

CSA, an umbrella group for the country's provincial and territorial securities regulators, didn't identify any companies by name.

- Health Canada has so far licensed 13 companies to cultivate marijuana and market it to patients who have a prescription.

hitchBOT the robot is getting set to hitchhike all across Canada

This summer. This robot will be programmed to be so charming that drivers will give it a ride

If you see a Wellington boot-wearing robot with garden gloves for hands on the side of the road this summer, don't be afraid to pull over.

It's only hitchBOT, the hitchhiking robot who will be attempting to bum rides across the country one car at a time. The robot, departing on its coast-to-coast journey from Halifax July 27, will rely only on its hitchhiking arm and ability to charm drivers into giving it a lift in its goal to reach Victoria, B.C.

"It is quite cute," said Frauke Zeller, hitchBOT co-creator and assistant professor in Ryerson University's School of Professional Communication.

Still in the process of being made, hitchBOT will consist of various household items, like pool noodles, a bucket, a cake saver, garden gloves, and Wellies, with a built-in child car seat attached. The robot has been programmed to be so charming that drivers will hopefully give it a ride, said Smith. **THANDI FLETCHER/METRO IN VANCOUVER**

An artist rendering of hitchBOT, the hitchhiking robot, it will attempt to cross Canada. CONTRIBUTED

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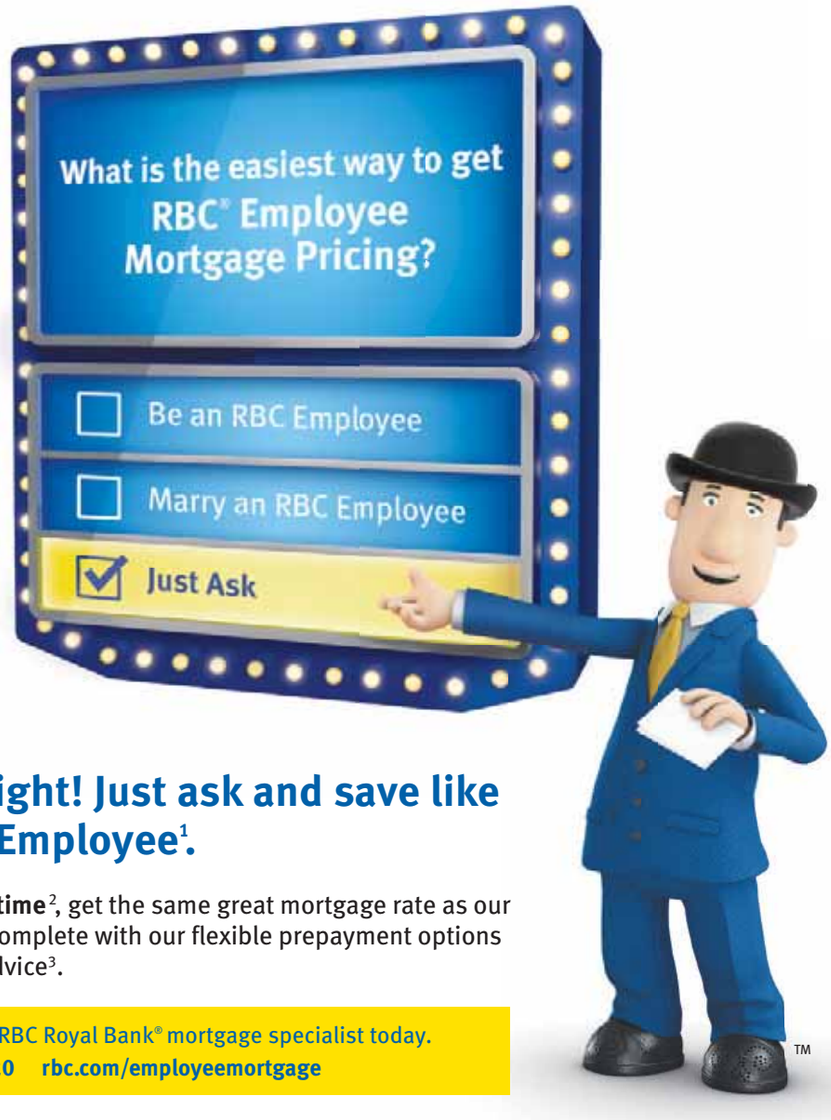

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China. Ai Weiwei sparks Internet meme with photo of legs as guns

Days after sparking a new Internet meme with photos of people brandishing their legs as guns, Chinese dissident artist Ai Weiwei said Monday that his original posting on Instagram was a statement about the overuse of power in fighting terrorism.

China is in the midst of an anti-terror campaign prompted by several high-profile attacks on civilians over the past year blamed on Muslim militants from the country's far western Xinjiang region.

Scores of people have been arrested in Xinjiang, security on subways has been tightened and many local police are now carrying guns for the first time. **THE ASSOCIATED PRESS**

On Instagram, Ai Weiwei aims his leg as a rifle. AI WEIWEI/THE ASSOCIATED PRESS

Maine

Gun tattoo and the real thing too

A man with a realistic-looking tattoo of a gun on his stomach had the real thing tucked into his waistband when he was arrested.

Michael Smith, 41, told police he'd stolen prescription narcotics from an ex-girlfriend.

He was charged with stealing drugs, and his gun was confiscated.

He was released from jail on $1,000 bail. He couldn't be reached for comment. Madison police said Smith isn't facing any gun charges. **THE ASSOCIATED PRESS**

Florida

Big guy hid drugs under fat: Cops

A man who weighs 200 kilograms faces charges after Florida police say he hid cocaine and 23 grams of marijuana under stomach fat.

A sheriff stopped a vehicle because the passenger wasn't wearing a seat belt. When the occupants of the vehicle seemed nervous, the officer called for a police dog.

The animal detected the drugs and Christopher Mitchell, 42, and the driver were arrested.

Police say they also found a gun and $7,000 in cash. **THE ASSOCIATED PRESS**

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Lac-Mégantic

Quebec seeks damages from insolvent railway

The Quebec government is adding its name to a list of creditors seeking money from the insolvent railway company at the heart of the Lac-Mégantic train disaster.

The government said Monday that it is seeking $409 million from the Montreal, Maine & Atlantic Railway for expenses incurred and yet to come that stem from the July 6, 2013, tragedy, in which 47 people were killed.

The government said it has already spent $126 million in public funds and suggests that future costs relating to the rebuilding of Lac-Mégantic could be in excess of $283 million.

THE CANADIAN PRESS

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Militants kill 48 in Kenya

Tourists warned off. Islamic extremist attacks on the rise in country once viewed as bastion of stability in East Africa

A man observes the remnants of destroyed vehicles and buildings in the town of Mpeketoni, about 100 kilometres from the Somali border on the coast of Kenya Monday. THE ASSOCIATED PRESS

The gunmen went door to door in the Kenyan town, demanding to know if the men inside were Muslim and if they spoke Somali. If the extremists did not like the answers, they opened fire, witnesses said on Monday.

Al-Shabab, a Somali group linked to al-Qaida, claimed responsibility for the hours-long assault on the coastal community of Mpeketoni, where 48 people were killed.

The attack began Sunday as residents watched World Cup matches and lasted until early Monday, with little resistance from Kenya's security forces.

After daybreak, Kenyan troops and residents stared at the bodies lying on dirt streets by still-smouldering buildings.

The attack highlights the growing incidence of Islamic extremist violence in a country once seen as the bastion of stability in East Africa, drawing tourists from around the world for safaris and beach holidays.

The merciless life-or-death religious assessment recalled al-Shabab's attack on an upscale mall in Kenya's capital, Nairobi, last September in which at least 67 people were killed, some of them after not being able to answer questions about Islam.

The Interior Ministry said that at about 8 p.m. Sunday, two minivans entered the town. Militants disembarked and began shooting.

At the Breeze View Hotel, the gunmen pulled the men aside and ordered the women to watch as they killed them, saying it was what Kenyan troops are doing to Somali men in Somalia, a police commander said on condition of anonymity because he was not authorized to share details of the attack.

THE ASSOCIATED PRESS

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Move to East Coast turns into a bad drug trip for Metro reporter

Halifax. All of Kristen Lipscombe's belongings seized when nearly $9M worth of pot and heroin found in moving truck

RUTH DAVENPORT
Metro in Halifax

Kristen Lipscombe sits in her bare condominium in Halifax on Monday. JEFF HARPER/METRO IN HALIFAX

Most Canadians who have had to relocate from one point of our vast country to another know that a big move will come with at least one glitch.

In Kristen Lipscombe's case, the glitch came in the form of nearly $9 million worth of hash, pot and heroin hidden aboard the moving truck that picked up all her worldly goods in Calgary on June 3.

"All you can do is laugh," said Lipscombe on Monday — her first day on the job as Metro Halifax's new sports reporter. "I have to have a positive attitude and look at it as another life experience and a really good story."

Lipscombe has moved several times in her life, so she wasn't entirely surprised when the truck didn't arrive in Halifax as scheduled last Thursday.

But the reason she got from the moving company the next day — Friday the 13th, no less — was a shock.

"It was literally, 'We have some not-so-great news for you,'" said Lipscombe. "My first thought was, 'There was some sort of accident — my stuff's all over the highway.'"

In fact, Lipscombe's stuff was safely aboard the truck — but was surrounded by boxes of pot and bricks of heroin.

It was all seized at the Edmonton airport by members of the Alberta Law Enforcement Response Team, who found more drugs in a storage facility.

Five men — three from Edmonton and two from Chilliwack, B.C. — were arrested, one of whom itemized and signed for all of Lipscombe's belongings in her Calgary condo.

Lipscombe says it's a funny story in some ways — but not in others.

"I have, obviously, individuals who shouldn't be trusted dealing with all of my personal belongings. It's disturbing," she said.

Information has been hard to come by, but it appears Lipscombe's goods have been released, and are on their way to Halifax.

She said she has enough to get by for a few days, but is hoping it arrives sooner rather than later — and with some kind of discount.

"Moving is one of the most stressful life events ... so add on the fact that my stuff is in the middle of some drug investigation, and that's the icing on the cake," she said.

Quoted

"I'm concerned about my personal belongings.... I don't know how they've been handled, I don't know if all my boxes have been opened and sorted through, if they've gone through my skivvies."

Kristen Lipscombe

Keystone isn't everything: Clinton

Washington's long-awaited decision to approve or reject the Keystone XL pipeline should not become a symbol of the relationship between the United States and Canada, former U.S. secretary of state Hillary Clinton said Monday.

Speaking in Toronto before a business crowd of roughly 1,800 people, Clinton said the controversial project — designed to move Alberta crude oil to the Gulf Coast — has become "a proxy for everything" as proponents and critics lock horns over its fate.

"However this Keystone decision is finally made, some people are going to be very happy, relieved and think it was the right decision — and some people are going to be distraught and even angry and upset, thinking it was a terrible decision," she said.

"I do not see it, though, nor should it be a proxy for the relationship. It is, after all, one pipeline. We already have a lot of pipelines that cross our border."

Former U.S. secretary of state Hillary Clinton discusses her new book Hard Choices in Toronto on Monday. NATHAN DENETTE/THE CANADIAN PRESS

American approval of the pipeline has been stalled in the U.S. while the Obama administration drops hints that Canada must do more on the environment.

The TransCanada Corp. project should be part of a wider discussion on energy and the environment, Clinton said.

"I do believe that both Canada and the United States can become even richer, more prosperous, but also more environmentally sustainable by having a broad engagement over energy and climate, and not focusing everything on this one decision."

THE CANADIAN PRESS

Hillary's Hard Choices

The former first lady was in Toronto to discuss her new memoir, Hard Choices.

- Many observers were hoping she might drop a few hints on whether she plans to run in the next U.S. presidential election, but she would only say she hopes to one day see a woman in the White House.
- Clinton has insisted she hasn't decided on a second bid for the presidency but over the course of her book tour so far she has made it clear she is giving it serious consideration.
- Clinton has said she finds the prospect of running for president compelling simply because it offers her the chance to help Americans find economic opportunities that elude them.

Interns. NDP hope new bill will put end to 'Wild West' exploitation of workers

The NDP is hoping to end the "Wild West" exploitation of unpaid interns with a new bill that would cap the hours an intern can work.

The private member's bill, introduced Monday by NDP MP Laurin Liu, would grant interns the right to refuse dangerous work and offer them protection from sexual harassment.

The NDP bill is limited to federally regulated workplaces, but it's better than having no protections at all, said Andrew Cash, who is co-sponsoring the bill with Liu.

"There's many employers that take this very seriously, there's very good programs set up through universities and colleges," said Cash.

"But it is a bit of a Wild West out there in that ... if you are working at an internship program, you're at the whims of an employer who is not paying you. And sometimes that has turned in some cases tragic."

THE CANADIAN PRESS

Online privacy

New tool forces telecoms to disclose info they collect

Canadians concerned about online privacy have a new way to find out if their telecom provider is collecting information about them — and sharing it with third parties like government entities.

The new web tool, known as "Access My Info," helps create a formal letter which, under Canadian privacy law, telecom companies are legally obliged to respond to within 30 days, the website offering the tool says.

Canadians requesting the information fill out basic details about themselves and their telecom provider, and can do so confidentially, the website says. THE CANADIAN PRESS

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Telcos not delivering on time-savings: Rogers CEO

Road to irrelevance.
Exec says Canada's wireless industry isn't bringing enough simplicity to customers

Guy Laurence THE CANADIAN PRESS FILE

The head of Rogers Communications says the telecom sector needs to do a better job in providing technology that reduces how much time their customers spend on daily tasks like shopping, banking and travelling.

"If we don't understand how valuable their time is, and design what (we) do with this in mind, then we will be irrelevant," Rogers CEO Guy Laurence said Monday at the Canadian Telecom Summit, an annual industry event.

He said consumers — especially since the recession — want to do their day-to-day tasks online while business and public sector customers want technology to improve company productivity.

He said busy parents, for example, are willing to pay more to have their groceries delivered to the door.

"Let's be clear. It's not that they're trying to avoid the groceries, it's about buying back two hours of their life every week."

Laurence said Canada's wireless industry hasn't done enough to deliver on time-savings, pointing to thousands of pricing plans that force consumers to spend time researching telecom companies' best buys online.

Laurence didn't provide any specifics on what improvements Rogers' has planned but he recently announced changes to simplify the Toronto-based company's organizational structure.

THE CANADIAN PRESS

Market Minute

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#NOFILTER #PRENUP #BADIDEA

SHE SAYS

Jessica Napier
metronews.ca

Recently engaged couple Alan Linic and Claire Meyer are experts when it comes to PDA: publicly displaying arguments. The pair has been documenting their fights from their shared Twitter account aptly named @WeFought-About since August 2013. The feed — which now has over 21,000 followers — offers a humorous glimpse into the mundane reasons behind the couple's domestic squabbles including disagreements over television shows, haircuts and computer passwords.

While Linic and Meyer are happy to broadcast their quirky romantic quarrels to thousands of followers, most of us have a bit more restraint when it comes to sharing our personal lives online. Some couples are even going so far as to draw up formal contracts to govern what they can and can't post about each other online.

We might be living in a digital world but I think couples need to exercise a little common sense regarding social media etiquette. Uploading an unflattering photo of your fiancé to Facebook is pretty thoughtless, but it isn't exactly a relationship deal-breaker and it shouldn't require legal intervention.

And yet an increasing number of couples are turning to third-party experts to help them navigate their expectations concerning online behaviour.

New York-based attorney Ann-Margaret Carrozza appeared on a recent episode of Good Morning America to discuss the rise of social media clauses in prenuptial agreements. Customizable lifestyle contracts are designed to prevent partners from posting private, embarrassing or potentially incriminating content about one another on social networking sites.

The consequences for individuals who violate the behavioural prerequisites outlined in a prenup can range from simple punishments, like doing the dishes, to more serious penalties such as fines up to $50,000, Carrozza said.

Whatever happened to communicating with your significant other openly and honestly? If you need to hire a professional to draw up a legally binding document to regulate what sort of content you can share about one another on the Internet, then you might want to consider whether or not your relationship is even ready for the next step.

Unless you're a Kardashian, you should understand that some parts of your private life should remain private.

Stop fretting about your fans and followers and remember that real relationships take place offline. Live-tweeting your romance shouldn't trump your partner's privacy concerns. While lawyers might be required to help negotiate some aspects of an upcoming marriage, complicated social media prenups shouldn't be one of them. Forget the hefty legal fees and just have an upfront conversation with your partner about your personal expectations and boundaries.

And remember to think twice before you Snapchat that sexy bedtime photo or tell off your mother-in-law on Twitter.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Rhinasserous friends

Rhinoceros Manuela and her donkey friend hang out at the Tbilisi Zoo, Georgia on Monday. The zoo keepers tried to help Manuela by putting the donkey in the same cage. The strategy worked and the animals have been living peacefully together since. SHAKH AIVAZOV/THE ASSOCIATED PRESS

Bummed out rhino cheered up by new donkey buddy

Animals in the zoo in Georgia's capital are not allowed to be lonely, even if it means they end up with rather unusual companions.

A female rhinoceros called Manuela has made friends with donkeys, after failing to hit it off with either zebras or goats, while a lion cub neglected by his mother has bonded with a puppy.

THE ASSOCIATED PRESS

Not quite lion and lamb, but pretty close

Tbilisi Zoo spokeswoman Mzia Sharashidze said Manuela got depressed after the death of her mate and became aggressive toward her caretakers.

They tried putting zebras in her enclosure, but they only returned the aggression. Then they tried goats, which ran away. But the donkeys had an instant calming effect.

Nearby, lion cub Shamba lives happily with a puppy.

THE ASSOCIATED PRESS

A friend in need

- **Donkeys are well known on farms for having a calming effect on livestock.** At weaning time, a donkey can help ease the trauma of a foal being separated from its mother. The donkey has a relaxing influence on the foal and willingly takes on responsibility for its well-being. Donkeys also make good pals for grown horses recovering from injury or surgery.

SOURCE: DONKEYANDMULE.COM

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MetroTube

Watch live music — but first watch this

ANDREW FIFIELD
andrew.fifield@metronews.ca

Tomorrow's the big day, Toronto: The official launch of NXNE's music festival, which has one of the finest lineups anywhere in North America during a summer where the major players seem more homogenized then ever.

Fitting for a festival that spreads its wings over a large swath of the city, NXNE's lineup sizzle reel stamps the artists on Toronto's landmarks. Small Black, Future Islands, Autre Ne Veut and others will join Toronto acts like HSY and Weaves to pack venues across the city. So get out and see some shows, damn it. (NXNE/YouTube)

IMAGES COURTESY NXNE

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DVD review

The Grand Budapest Hotel

Director. Wes Anderson

Stars. Ralph Fiennes, F. Murray Abraham, Adrien Brody

• • • • •

Eight features into a career of artisanal whimsy, Wes Anderson has "baked" his masterwork with The Grand Budapest Hotel, one of 2014's best films. Every carefully arranged image is a visual treat and a comic delight.

Through the pink-frosted doors of the title retreat pass many familiar faces from Anderson's previous films — people like Bill Murray, Owen Wilson, Tilda Swinton, Jason Schwartzman and Bob Balaban. But the most engaging and amusing of them is new to Anderson's antics: Ralph Fiennes.

He's Monsieur Gustave H., the concierge of the Grand Budapest, a man of fastidious manner and reckless charm. Gustave's favourite guest is octogenarian Madame D. (Swinton), who adores him — and who wouldn't? But she fears treachery as she prepares to return to her grasping son Dmitri (Adrien Brody) and other ungrateful offspring.

There's an undercurrent of melancholy to The Grand Budapest Hotel that indicates how far Anderson has progressed from the studied irony of his early films. **PETER HOWELL**

The Antlers need just a little bit of patience

Familiars. Singer Peter Silberman talks how slowing down tempos helps him to be present in the moment

The Antlers' third official album as a band is called Familiars. MARC LEMOINE

PAT HEALY
Metro World News in Boston

The Antlers have created a world where a cheerful mariachi horn can be right at home with classic soul chord progression and the heady dystopian plodding of Pink Floyd.

"I've been listening to Pink Floyd for so long that I'm sure it's in there in a permanent way," says singer and guitarist Peter Silberman.

On Familiars, the band's third official album as a multi-member concern (Silberman released several bedroom-recorded cassettes under The Antlers moniker in the beginning) the one thing that unifies all of these disparate sonic elements is patience.

"That's become my way of attempting to be present in songwriting," says Silberman of the careful pace that defines the album, "and musically, I think that playing music is a much more present activity for me, and part of the reason that I tend to lean toward slower tempos is to negate the rush to the finish line. You know how when a song starts and it's kind of catapulting towards the end of it? It's something that lately I haven't been interested in at all. I think you miss everything that happens in between with that approach. I enjoy patience in music and I enjoy trying to cultivate that for myself."

Silberman says that the other members of the band not only exercise patience when they're playing, but also when the singer is revising lyrics right up to the deadline. "Through the last days of recording, I was still changing words," he says.

Although he is able to keep himself at a slower tempo when recording his words, he does speed up when he speaks about it, still obviously excited to discuss the music.

Quoted

"There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly."

The Antlers' singer and guitarist Peter Silberman

"I wanted it to be the truest album, but I think reaching some sort of state of ultimate truth is kind of impossible and I learned that over the course of this," he says. "There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly. And I kind of just drove myself crazy trying to make that happen, and I got as close as I could get, but there's really no way to do it, since by nature of being human it's going to be flawed, and have pieces that don't quite fit together."

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Kristen wants Moore from her relationship with Demi

Kristen Stewart has her sights set on Demi Moore as a co-star and potential new BFF, according to Star magazine.

"Kristen is making serious noise about befriending Demi, whom she's worshiped for years, and convincing her they should play a mother-daughter team in a new action comedy," a source says, explaining that Stewart thinks a film pairing "will help both their careers and somewhat depressing public images."

Plus, it will help her attain a lifelong dream of working with the Indecent Proposal star. "It's been a long-held dream of Kristen's to star in a movie with Demi. She's been a fan of hers for a good 15 years and is on the hunt for a fun action role for her and Demi," the source says.

"Demi's very receptive to working with Kristen, but it will all depend on what scripts she can muster."

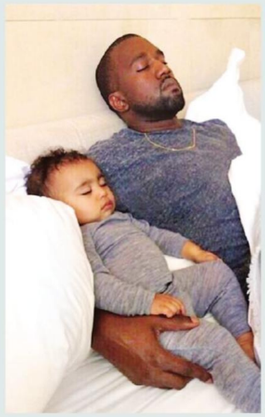
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

AdorbZzz photo makes us momentarily forget that Kanye West is Kanye West

MELINDA TAUB
Metro World News



Kanye West's ego is dwarfed only by his talent. In everything he does — music, fashion, general celebrityness — he pushes himself to be the very best. So of course if Kanye West takes a nap, it's going to be the very best nap of all time.

Kanye proved his domination at the nap game this weekend. Sunday was Father's Day and also happened to be the first birthday of North West, Kanye's daughter with his new wife Kim Kardashian. Kim snapped the above pic of her family, snuggled up together for a ridiculously cute Dad's Day snooze.

"This is what life is about! Our baby girl turned 1 today! We played so hard they passed out while we were watching the game! Happy Father's Day to the best daddy in the world! The way you love our daughter and protect her makes me filled with so much love!" Kim captioned the photo on Instagram.

I hope Kanye continues to make fearless, groundbreaking music. However, if he does not — if he produces nothing but, say, a coffee-table book, filled with photos of him and North napping in matching outfits, dreaming of ba-bas and rap domination — would that be so bad?

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Scan the photograph below with your Metro News app to remind yourself how Shakira's hips just don't lie.

It's the workout that doesn't lie

Want a waist like Shakira? Try this workout. CONTRIBUTED

Celeb routine.
Shakira's personal trainer shows us how to banish the bulge

ROMINA MCGUINNESS
Metro World News in London

"Most people crave that V-shaped torso: that slight indentation that stops your upper body from being a straight line, which is what you end up with if you do too many straight up crunches," says Anna Kaiser, superstar Shakira's personal trainer.

"You'll change the way that your muscles are shaped, sure, but you also need to mix it up with some cardio if you want to build strength," Kaiser says. "Also, don't think you can just do this workout and then run to the store and celebrate with a greasy treat and soda!"

Want to sculpt your waist? Do this workout five times a week — if you can!

1. SKI PLYOS

From plank position, jump both legs toward your left hand, then jump toward your right hand. That's one rep. Repeat jumping from side to side, trying to lift your hips into the air between landings. **Do 10 reps.**

2. SUPINE SWISS TWIST

Place a swiss ball between your legs and lie down on your back (legs extended towards ceiling). With your hands out in a T position and keeping your legs straight, lower your legs toward the floor (about halfway), and rotate the ball to the right, rotate back to centre, and then lift the legs back to the starting position. Repeat on the left. **Do 10 reps.**

3. JACKKNIFE WITH A TWIST

Stabilize in a plank position, with your shins on the swiss ball. Press down into the ball with your shins as you lift your hips toward the ceiling and bend your knees toward your chest. Aim your knees toward your left shoulder (twisting in your mid-section) as you finish bringing your knees toward you (feeling your obliques kick in). Return to plank and repeat on the right. **Do 10 reps.**

4. DOUBLE TAP OUTS

Start in a plank position on the floor. Tap your right toe out to the side at a 45-degree angle (keeping your right hip parallel to the floor). Then bend your knee and tap your right toe as close to your right shoulder as possible. Return to plank and repeat on the left. **Do 10 reps.**

5. TWISTING SIT UP

Lie down on your back, arms extended straight overhead on the floor. As you come all the way up to sit on your booty, lift your right knee toward your chest and twist toward the leg as you come into the seated position (arms come out to the side, spine straight). Lower back down. Repeat on the left. **Do 10 reps.**

6. SIDE PASSE DIP

Position yourself in a side plank, supporting your body with your left arm. Anchor your right foot on the floor, bend your left leg, and hold your left foot to your right knee (in passe). Maintaining that position, try to dip your left hip to tap the floor and come back up again. **Do 10 reps.**

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Making sure all the men in your life are eating right

Men's Health Month. The U.S. has designated June as the time to discuss everything from nutrition to concerns

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Any time of year is a good time to talk about men's health, and in the U.S., June is designated as Men's Health Month.

In the current issue of Best Health magazine, our registered dietitian columnist, Sue Mah, talks about how she ensures the men in her life are eating right for their age. Here is an excerpt.

Mah's son, age 13, is "growing like a weed." Between the ages of nine and 18 are the bone-building years for both boys and girls, so he needs more calcium than ever: 1,300 milligrams a day. That's three to four servings of milk and alternatives, according to Canada's Food Guide. Mah ensures he has a serving of cheese, yogurt and/or milk at every meal.

As for healthy school lunches, he brings a packed lunch from home most days, but once a week he buys it from the cafeteria.

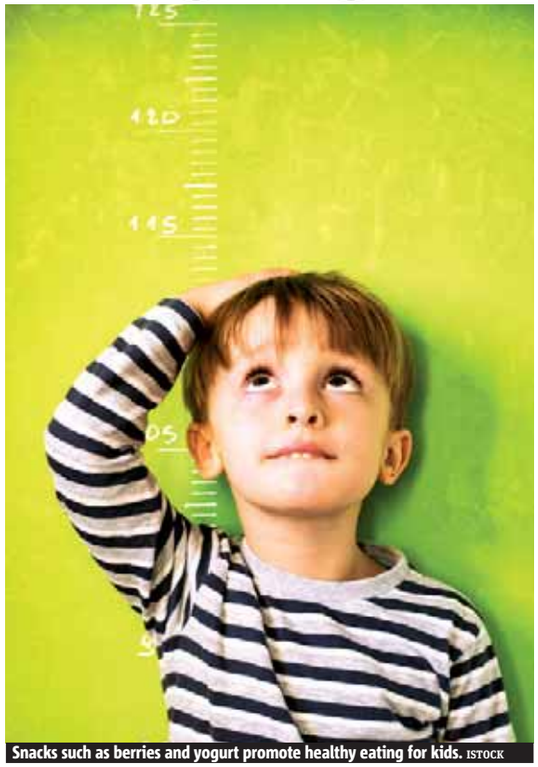
Mah says, "I don't critique his choices because I want to encourage his decision-making. And he rounds out his sometimes junky choice with fruit, veggies, cheese and juice." She always has healthy foods at home so he can make snacks — such as avocado for guacamole, and berries and yogurt for smoothies.

Mah's husband, who is at a healthy weight, has risk factors for diabetes being of Asian descent, and being over 40. Because he sometimes does the grocery shopping, Mah says, "I've given him advice on reading nutrition labels. He now chooses products that help him cut back on sugar. If he has lunch at the office food court, he now swaps pad thai — which is heavy on carbs and doesn't have enough veggies — for a green salad with lean protein such as chicken. He even keeps nuts in his car for snacking on his long commute."

And Sue Mah's dad and father-in-law are in their mid-'70s and therefore vulnerable to heart disease and cancer.

"They are both healthy, so my main goal here is to help them age well. I suggest they eat colourful fruit and veggies for fibre and antioxidants, plus fish, nuts and seeds for healthy fats that boost brain health. I also recommend they take 1000 IU of vitamin D a day, since we become less efficient at making it as we age." The recommended amounts vary: Canada's Food Guide suggests 400 IU for those over 50, while Osteoporosis Canada suggests 800 to 2,000 IU for those over 50.

Another common challenge for seniors is a small appetite due to medications or loneliness. Says Mah: "Being with others encourages seniors to eat and enjoy food. If you're worried about your dad's nutrition, encourage him to make meal dates with friends and family. It's a good way to enjoy one of life's great pleasures — food!"



Snacks such as berries and yogurt promote healthy eating for kids. ISTOCK

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MIND THE APP
Kris Abel
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Aimed at guiding first-time fathers through every decision of a pregnancy, this lightly humorous and wonderfully helpful app offers daily advice, to-do lists, an educational timeline, and a contraction counter.

Additional app

Coupon lovers

Love coupons but don't have time to search the web for them? SuperSaves, a free couponing app that provides cash back on groceries and personal care items, may be the app for you. SnapSaves is the first app in its category to launch a shopping list feature that lets users share their lists with friends and family across multiple social media platforms. METRO

Half-Off

Elisha is packing her suitcase for upcoming business trips out of town. But is being away going to keep her from cycling? Visit metronews.ca/voices/halfoff to find out.

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Getting real about remedies

She's a natural.
Local entrepreneur creates her business from the ground up

TAKARA SMALL
Metro News in Toronto
@takarasmall

Myra Aso and her husband Brian faced a life-changing moment in 2012, when Brian was diagnosed with an inoperable brain tumour.

"It's funny. Every misfortune is a blessing," says the entrepreneur, "because both he and I found life after this."

That life-changing moment and her daughter's struggle with eczema helped Aso decide to start looking for natural hair and skin-care products for herself and family. That quest blossomed into her own line of creams and oils made with Marula oil — a light textured oil with a nutty aroma that originates in central Africa.

The company, named after Aso, sells items ranging from shea butter to body creams and face serum oils for men and women. But she's keen to point out the concept behind the line originated with a challenging time in her life after her husband told her he "wanted her to have something for herself" if he passed away.

Myra Aso's products are sold in stores located in Ajax, Oshawa, Toronto, Scarborough and Whitby, as well as online at myraaso.com. CONTRIBUTED

From plant to product

"There are natural solutions all around us, we just need to learn how to use them."
Myra Aso
Owner of natural hair and skin-care company Myra Aso

"When we found out the news, we didn't know if it was caused from environment or (personal) habit, but what we eventually decided was that we're going to go both the medical route and the natural route," she says, adding that natural remedies opened her eyes to a range of new and helpful ingredients.

And because creams with chemical names can be difficult to pronounce let alone understand, Aso uses ingredients the average consumer would be familiar with.

"I knew I could do this, but was passionate enough to go through with it," she says, advising others to consider when starting a business.

"You have to do your work. I did a lot of research and initially started making my products at home before I found a company in Barrie that could take my formulations and produce (them)."

While the cost to make the product at home is higher, Aso says it was a no-brainer for her to stay local.

"I'm Canadian. It only makes sense that you start at home."

Labour of love

Go to metronews.ca/mom-and-pop-shop for a range of DIY beauty tips from Myra Aso.

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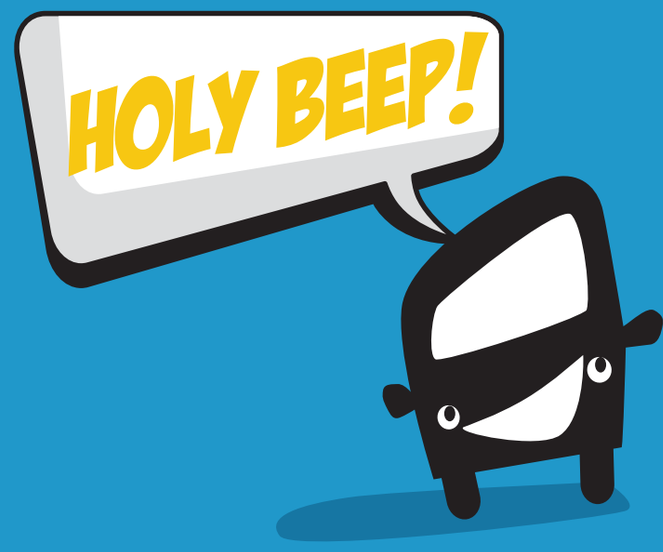

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The attire of the summer hire

What to wear to work? As the humidity increases, so does the importance of keeping your look polished and professional

VICKI SALEMI
Metro World News

Ah, summer. Now that the sun has come out, your office culture may be a little more lax. Not only are the hours potentially more relaxed on Fridays — so, too, is the dress code.

There are several ways to look and feel more comfortable at work without getting onto human resources' radar screen.

Get schooled on your company's policy

Not to become the HR police or anything, but simply take a few minutes to read the rules which are probably posted on your company's intranet site.

If you're relatively new to the office and it's your first summer at your company, it's even more important to peruse the policy instead of relying on observing colleagues for dress code cues.

Draw the line

Even when your office is extremely casual on normal days let alone summer Fridays, draw the line somewhere.

- If you get pulled into a meeting with your CEO, would you feel comfortable in tennis shoes? Just say no to tank tops, T-shirts and capri pants. If you're showing too much skin, you probably shouldn't be wearing it.

Remember, you're still in a professional environment

According to a survey by OfficeTeam, a placement agency, 80 per cent of managers said how employees dress will impact whether or not they'll get promoted. Yes, your summer attire counts.

If you're unsure as to whether your footwear choices are a flop, take a look at what the powerful peeps in your office are walking in. ISTOCK

Dress in layers

Yes, even though it's summer. If you wear a linen dress to the office, bring a blazer. If you're a guy and wear a polo shirt, bring a jacket. You never know when you'll get pulled into a last-minute meeting with executives or clients. And if you don't wear that jacket at least keep one tucked away in your office for potential use. Just think, if the air conditioning is on full blast, you'll need something to prevent you from feeling like you're in the frozen tundra.

Watch the footwear

It's amazing how one outfit can make or break you depending on what's on your feet, particularly for women. Flip-flips or strappy stilettos? No. Sandals? Sure. If you're unsure about footwear, take visual hints from executives in your office. What are they sporting? Emulate them.

Get creative with material

Ditch the denim. Opt for cotton, linen or khaki instead. You can make a few slight changes to feel and look lighter, neat and polished while simultaneously keeping that game face on.

Above all, you're still representing yourself when you're in the boardroom, not the beach.

Remember, no one ever got reprimanded by their boss or HR for dressing a little too formally on hot, sticky days.

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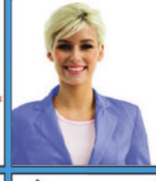

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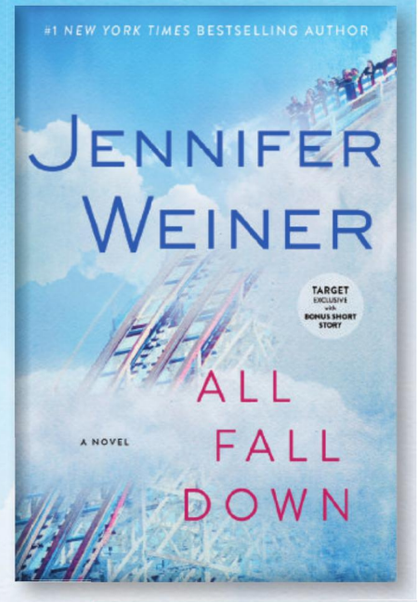

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Turmeric is the ingredient in most curry powders that will stain your fingers, counters and plastic containers.

It has also has been intensely studied and is widely accepted as a potent anti-inflammatory food. Inflammation is believed to be at the *root* (Get it? Turmeric is a root!) of many diseases like arthritis, dementia and heart disease. The bottom line is that you want more of the foods that reduce the pressure of living.

Adding turmeric daily is simple. It doesn't have a strong flavour and hides itself well in other spices.

- Add a pinch to your morning smoothie, and it will go relatively unnoticed.
- Include it in curried egg salad, frittatas or omelettes.
- Sprinkle into your salad dressing for lunch.
- Stir in as an invisible but nourishing addition to red or yellow soups or tomato sauces.
- Mix into spice breads, muffins or even cookies

Turmeric is available as a supplement but it is also available as a powder that can be packed manually into empty gel capsules for 1/100th of the price. Ask your doctor before adding this, though. It can enhance the efficacy of other blood thinning drugs. It is just that good!

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Colourful spice gives your fish cancer-fighting coating

FLASH FOOD

From your fridge to your table in 30 minutes or less

Fish, no matter how you slice it, is a superior protein. What fat it contains is the omega-3 good kind that lubricates your joints.

The added bonus with this Pan-Fried Turmeric Fish is that it is "breaded" in a whole wheat/turmeric coating. Together, they create a crispy crust that is delicious, yes, but the real benefit is that turmeric is a potent anti-cancer spice that is making good headlines.

Ingredients

- 1 egg
- 2 tbsp turmeric
- 2 tbsp whole-wheat flour
- 1/4 tsp sea salt
- 1/4 tsp white pepper
- 1 lb catfish fillets or other firm white fish
- 1 tbsp butter
- 1 tbsp grapeseed oil

This recipe serves four. COURTESY THERESA ALBERT

1. Beat egg in a shallow bowl with 1 tbsp of water.

2. Mix turmeric, whole wheat flour, sea salt and white pepper in a separate bowl.

3. Dredge fish in egg and then set into turmeric-flour mixture, turning to coat.

4. Warm skillet over medium-high heat and add butter and oil. Add coated fish. Cook 3 minutes and turn to cook 3 more minutes. Set onto paper towel to absorb excess fat. **THERESA ALBERT OF MYFRIENDINFOOD.COM**

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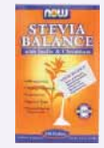
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SPORTS 4

Portugal mangled as Mueller strikes thrice

World Cup. Ronaldo's gang come unglued early and often against mighty Mannschaft

Group G

4	0
Germany	Portugal

Thomas Mueller scored a hat trick as Germany turned on its style and power to rout 10-man Portugal 4-0 in their World Cup Group G opener on Monday.

Mueller, who scored five goals in the 2010 World Cup, was ruthless against a Portugal team that was clearly outplayed in Salvador, Brazil, despite the presence of Cristiano Ronaldo.

"To score three goals in the World Cup opener against such an opponent is great," Mueller said.

The German team celebrated its 100th World Cup match with a rousing victory that was virtually assured by halftime.

"After 20 minutes, we looked up at the clock and thought it was going to be a long day," Mueller said. "But we got into the match very well and when you lead by 2-0 in this heat and then even get the third, it was all over."

Portugal was already 2-0 down before Pepe was red carded in the 37th minute for headbutting Mueller. The German star scored in first-half stoppage time to build a 3-0 advantage.

Mueller scored on either side of Mats Hummels' headed goal and added his third goal in the 81st.

What must be worrying for Germany's opponents is the apparent ease with which Joachim Loew's lineup disposed of the fourth-ranked team in the world.

Ronaldo started at Arena Fonte Nova after overcoming a knee injury. He faded after threatening early in the match, including a shot from a break that Germany goalkeeper Manuel Neuer could only block, but there was nobody from Portugal to pounce on the rebound.

"We lost the game already in the first half," Portugal coach Paulo Bento said. "We couldn't come back in the second. Germany played very well, we couldn't do anything."

THE ASSOCIATED PRESS

A look at Thomas Mueller's goals in Germany's 4-0 win over Portugal on Monday in Salvador, Brazil. TOP: MARTIN ROSE, BOTTOM: MATTHEW LEWIS/GETTY IMAGES

John Brooks celebrates his 86th-minute goal against Ghana on Monday in Natal. GETTY IMAGES

Group G. Americans play both tortoise and hare in opening victory over Ghana

Clint Dempsey scored in the first minute and rookie substitute John Brooks scored a late game-winner as the U.S. defeated Ghana 2-1 Monday in the World Cup opener for both.

The victory gave the Americans a measure of revenge against the tiny West African county that knocked them out of the previous two World Cups and put the U.S. and Germany on top of Group G.

Dempsey's goal came on a low shot just 32 seconds in. Ghana dominated much the rest of the game, and Andre Ayew levelled in the 82nd minute.

Just four minutes later, Brooks — a 21-year-old who came on at halftime due to a Matt Besler injury — scored off a corner from Graham Zusi.

Dempsey's goal made him the first U.S. player to score in three different World Cups and was the fastest ever scored by an American in the tournament. THE ASSOCIATED PRESS

Group F

Nigeria, Iran settle for draw in opener

Nigeria and Iran delivered the first draw of the World Cup on Monday as they ground out a 0-0 stalemate.

Nigeria showed menace early with much of its attack coming down the left from Emmanuel Emenike and Victor Moses.

But Iran came close in the 34th minute when a Reza Ghoochannejhad header required a sharp save from Nigeria goalkeeper Vincent Enyeama.

After a first half in which Nigeria failed to capitalize on its dominance, chances were few and far between in the second.

The best chance either side has to progress is to beat debutante Bosnia-Herzegovina, as Argentina is the firm favourite to top the group. THE ASSOCIATED PRESS

Unrest in Rio

Shootings under investigation

Two police officers who allegedly fired live rounds during an anti-World Cup protest during the Argentina-Bosnia game on Sunday in Rio de Janeiro are under investigation and on administrative leave, authorities said Monday. THE ASSOCIATED PRESS

Racism in the stands

Alleged slurs draw attention

Two Argentine soccer fans are being investigated by Rio de Janeiro police for allegedly shouting racist slurs at Brazilians rooting for their team's World Cup rival. THE ASSOCIATED PRESS

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Spurs built to last

NBA. San Antonio in position to succeed for years to come whether Duncan retires or not

From left: Tony Parker, Tim Duncan and Manu Ginobili celebrate the Spurs' championship victory on Sunday in San Antonio. ANDY LYONS/GETTY IMAGES

Tim Duncan conducted his postgame interview flanked by his two children. Someday soon he may decide that they, and not Tony Parker and Manu Ginobili, will be his full-time running mates.

Duncan's eventual retirement — whether it's next week, next summer, or after the next championship — probably won't end what's been a 15-year run at or near the top for the San Antonio Spurs.

San Antonio appears to be positioned to keep rolling along.

The Spurs looked better than ever in demolishing the Miami Heat in five games for their fifth championship, finishing it off with a 104-87 victory Sunday that set off a horn-honking celebration that lasted deep into the night.

With good players in place and perhaps unmatched leadership at the top that will find more, the Spurs don't figure to go away, even when their big man in the middle finally does.

"I think I said it many times. There was not one season since I'm in the NBA that I really didn't truly believe that we could have won it," Ginobili said. "Every year we were up there. Sometimes we were No. 1 and we lost in the first round. Some other times we were seventh and we had a shot at winning it.

"But playing with the teammates I've always played, coached by the guy that is coaching us, I always felt that we had a shot, and I truly never believed it was the last shot."

This probably wasn't, either.

True, the 38-year-old Duncan realizes the end is near, though won't say and perhaps doesn't know how close it is. Ginobili will be 37 next month and may be entering the last stage of his career as well.

But Parker shows no signs of slowing down.

NBA Finals MVP Kawhi Leonard looks ready for an even bigger role, and coach Gregg Popovich and general manager R.C. Buford, whom Commissioner Adam Silver called "perhaps the greatest GM-coach combination in all of sports," have shown they can find good players and make them better once they don the silver and black. THE ASSOCIATED PRESS

Game 5 a ratings hit

22.4M

TV viewership of Game 5 Sunday peaked at 22.4 million in the last half hour of the Spurs championship-clinching win, according to Nielsen. An average of 18 million viewers tuned in.

All hail the Kings

Kings captain Dustin Brown carries the Stanley Cup in downtown Los Angeles on Monday. After riding nine double-decker buses and a flat-bed truck during the celebratory parade, the Kings gathered for a rally at Staples Center, where they polished off the New York Rangers on Friday in Game 5 of the championship round. The title was the Kings' second in three seasons. KEVORK DJANSEZIAN/GETTY IMAGES

MLB

Stroman living out yet another dream

Marcus Stroman's first six weeks in the big leagues have been a series of dreams come true. There was his debut in Pittsburgh, his first victory two nights later in Philadelphia, then his first career start earlier this month at the Rogers Centre. But on Tuesday, when the Blue Jays' 23-year-old rookie takes the mound at Yankee Stadium, he will live out a scenario he has literally dreamed about. TORSTAR NEWS SERVICE

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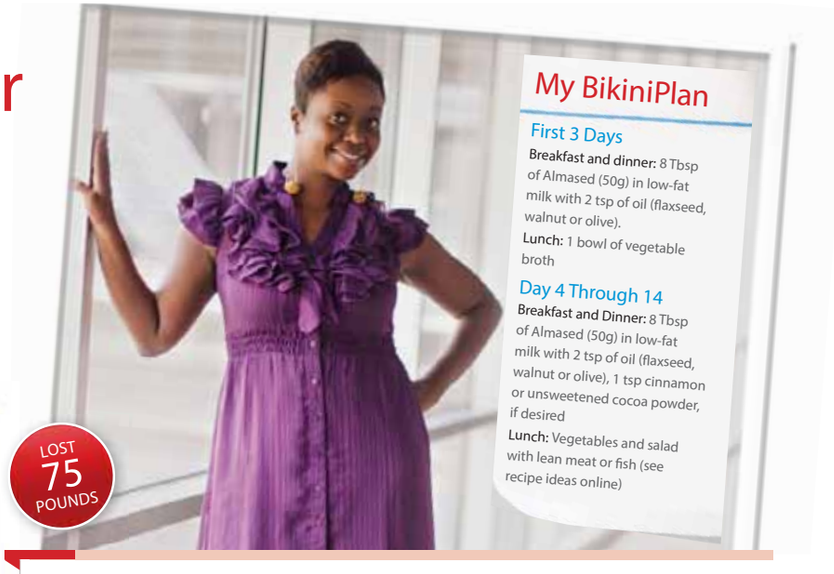
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Horoscopes

♈ Aries
March 21 - April 20
You may be a bit moody today for no apparent reason. Yes, OK, certain things have not worked out the way you anticipated but it's hardly the end of the world, so keep things in perspective.

♉ Taurus
April 21 - May 21
Why are some people so negative? It seems that the more ideas and suggestions you come up with the more reasons they find to reject them. Go it alone for a while.

♊ Gemini
May 22 - June 21
The harder you work the less you seem to get done, which is frustrating because you can sense that time is running out. The problem seems to be that you have neglected a number of small but important details.

♋ Cancer
June 22 - July 23
If you change something that does not appear to be working today chances are you will regret it come the weekend when the sun moves into your birth sign. You really don't need to change a thing.

♌ Leo
July 24 - Aug. 23
Others may be talking about you – and what they are saying is unlikely to be flattering – but what of it? You are big enough and bold enough to shrug it off and keep moving forward.

♍ Virgo
Aug. 24 - Sept. 23
If you see that a friend or relative needs help then step up to the plate and do what you can for them. Some people find it hard to ask for assistance – they think it's a sign of weakness.

♎ Libra
Sept. 24 - Oct. 23
You are worrying about something that most other times would not bother you in the slightest — thanks to Mercury, planet of the mind, going through one of its negative phases. Snap out of it.

♏ Scorpio
Oct. 24 - Nov. 22
It will pay you to be skeptical today, especially when dealing with people who in some way or other depend on your generosity. Whatever it is they suggest make sure the figures add up.

♐ Sagittarius
Nov. 23 - Dec. 21
Your self-confidence could take a bit of a dive today, even though your circumstances have not changed at all. Everyone goes through a down phase once in a while, so don't attach too much importance to it.

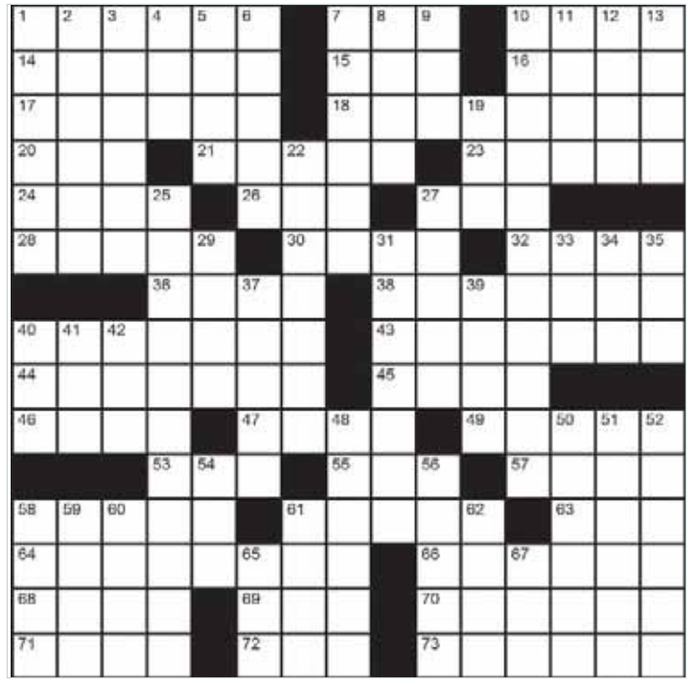
♑ Capricorn
Dec. 22 - Jan. 20
Ignore people who say that certain things cannot or should not be done. If you feel that a course of action is right for you then there is nothing more that needs to be said.

♒ Aquarius
Jan. 21 - Feb. 19
It's not like you to be negative but you seem to believe that a creative activity of some kind is no longer worth the effort. You're wrong.

♓ Pisces
Feb. 20 - March 20
A friend is clearly being economical with the truth and no doubt that makes you mad. Before you snap at them ask yourself what their motive might be. SALLY BROMPTON

Crossword: Canada Across and Down

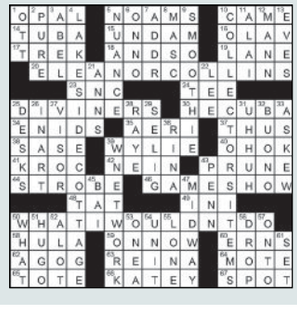
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1.Winnipeg: Old __ Square
7.__ Vegas
10. Lady's address
14. Fabric's fold
15. 'Percent' suffix
16. Moisturizer ingredient
17. Basketball legend Julius
18. Points of view
20. Mr. Wheaton
21. Planting product
23. Prefix with 'arthritis'
24. Profess
26. Almond
27. Li'l life story
28. "Buffalo Stance" by __ Cherry
30. Beatles: "I __ _ film today..."
32. Depilatory brand
36. Agnus __ (Mass prayers)
38. Ridiculous
40. Toronto: Rogers Centre's original name
43. Formed a queue: 2 wds.
44. Hair dye brand
45. Carte du jour
46. "No thanks, __ __ a diet."
47. Sea lettuce
49. Not hidden
53. Capture
55. Sleeve
57. ...happily __ after.
58. Wise-one's saying
61. Ritual site, perhaps
63. Eggs, scientifically
64. Swimsuit style
66. Put into peril
68. Keep _ __ profile
69. Docs
70. "It's so hot __ __!" (Crank up that air conditioning!)
71. __-Air (Kitchen appliance brand)
72. British poet, Henry James __
73. Rids

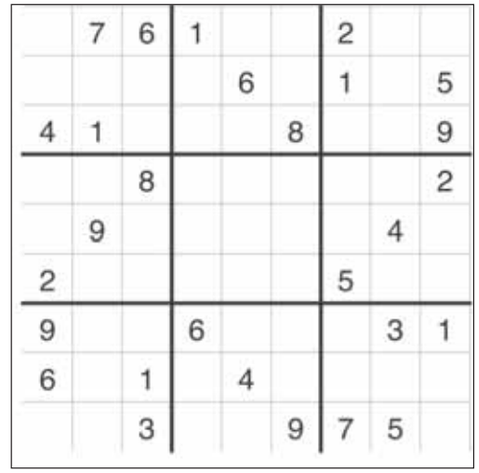
Down
1. Food Network Canada chef, Mark __
2. Land
3. Makeup maker
4. Trombonist Mr. Winding
5. Medieval labourer
6. Sara's songstress sister
7. Actor Ray
8. Numerical ord. opposite
9. Six: Italian
10. Montreal's founder, Paul de Chomedey de __ (b.1612 - d.1676)
11. Frequently: 2 wds.
12. First-rate
13. 'Middle'-meaning prefix
19. "__, _ insist!"
22. Canadian judge Mr. Peters on NBC's "Last Comic Standing"
25. Vera Wang creation: 2 wds.
27. Great jazz Count
29. "Is it a '__' __ a 'she'?" (Human's query upon meeting a new dog)
31. American store in Canada
33. Assistance
34. Shiba __ (Dog breed of Japan)
35. Sales pro
37. Poker: Folding-one's statement: 2 wds.
39. Never! = __ __ way, shape or form!
40. __-Fi
41. Airline to Amsterdam
42. Former-NBAer, __ Ming
48. Overnight†bag
50. Calls forth
51. Go back to a former way
52. Toronto Stock Exchange actions
54. "Snake!"
56. As per #10-Down... Ville-__ (1642-founded colony at present-day Montreal)
58. Music key, _ __.
59. Bananas brand
60. Nameless [abbr.]
61. Mr. Travis, WKRP employee
62. Finger jewellery
65. Rapscallion
67. "Murder, __ Wrote"

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



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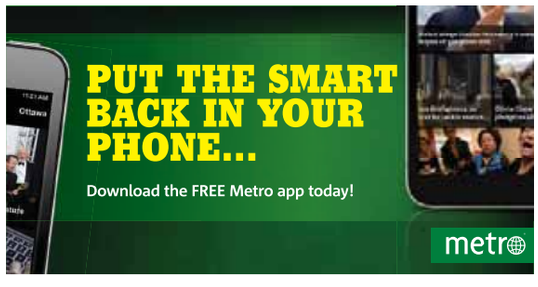

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